

# Ladyhawk

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**MUSIC:** "Ladyhawk" by Claudio Novelli - CD "Ancona Open Ballroom Vol 3"- Track # 3  
Available as a Single track Download from Casa Musica (length 02.21 @ 100%)

**FOOTWORK:** Opposite, directions for man except where noted (woman's footwork in parentheses)

**RHYTHM:** **WALTZ PH V+2 (Spin & Twist, Checked Rev & Slip)** **TIMING:** standard 123 except  
where noted

**SEQUENCE:** **INTRO A, B, A(1-8), B(5-15), A(11-15), ENDING** **RELEASED: July 2014 Version 1.0**

## INTRO

**1-4** **(BFY/DLW) WAIT 2 Measures ; ; SWAY APT; SWAY TOG TO CP/DLC;**  
 1-2 Wait 2 meas in BFY/DLW both with LEAD FEET free;  
 3 **[Sway apart]** *maintaining joined trail hands* Apart L and swaying twd COH, point R cont LF  
 body rotation away from ptr, *sweeping lead arms to shld height* ;  
 4 **[Sway tog to CP/DLC]** Rec R , draw L to R gathering W to to CP DLC, tch L ;

## PART A

**1-4** **(CP/DLC) TELEMARK BJO; OP NATURAL; OUTSIDE SPIN to a ;**  
**RT TURNING LOCK SCP/ DLC;**  
 1 **[Telemark BJO]** (CP/DLC) M fwd L, fwd and sd R arnd W trng LF, step fwd and sd L to end  
 BJO/ DLW (W bk R comm LF heel trn, cont heel trn close L to R, bk and sd R to BJO);  
 2 **[Open Natural]** fwd R comm RF upper body trn, trn sd & bk L , complete trn bk R to contra  
 BJO backing LOD (W comm RF upper body trn bk L, sd & fwd R , fwd L outside partner with  
 left sd leading) ;  
 3 **[Outside Spin]** Strong trn RF bk & sd L toe in (Lady fwd R in bjo trn RF), fwd R DLW heel to  
 toe spin RF, sd & bk L CP fc RLOD;  
 1&23 4 **[Right Turning Lock]** Trn RF bk R to bjo/lk LIFR (lk RIBL), sd & fwd R toe pnt DLC trn RF,  
 body trn RF sd & fwd L in SCP/DLC;

**5-8** **(SCP/DLC) WEAVE SCP;; RIPPLE CHASSE; CHAIR & SLIP CP/DLC;**  
 5-6 **[Weave SCP]** Thru R, fwd L trn LF, bk R to bjo bkng LOD; bk L in bjo, bk R to cp trn LF,  
 sd & fwd L to SCP/ DLW;  
 12&3 7 **[Ripple Chasse]** Thru R, slight sway R to look twds W (W's head L) sd & fwd L/cl R,  
 dissolve sway sd & fwd L to SCP/DLW;  
 8 **[Chair & Slip]** Thru R relax R knee, rec bk L, sd & bk R body trn LF CP/DLC  
 (W thru L relax L knee , rec bk R leave L leg extended, pvt LF on R slip L toe fwd to CP) ;

**9-12** **REV FALLAWAY; SLIP& CHASSE BJO; OP NATURAL;**  
**BK CHASSE/ W REV TWIRL TO TANDEM LOD;**  
 9 **[Rev Fallaway]** Fwd L trng LF, sd R, XLIB (W bk R, bk L, XRIB) to SCP/RLOD ;  
 12&3 10 **[Slip & Chasse Bjo]** with slight LF trn slip R beh L cont trn to fc DLW (W swiv LF on R fwd L  
 outside M R ft), sd L/clo R, sd L to contra BJO DLW ;  
 11 **[Open Natural]** **REPEAT MEAS 2 PART A**  
 12&3 12 **[Back Chasse/ W Rev Twirl to Tandem LOD]** Bk L trn RF, sd R/ cl L, sd & fwd R to LOD  
 (W fwd R prepare to LF twirl under the lead arm, twirl LF sd & fwd L/ sd & bk R, sd & fwd L )  
 to end Tandem LOD lady in front ;

**13-16** **OPEN CROSS HOVER TWICE CHG SIDES on the 2nd ; ; TWIRL VN 3 ;**  
**CHK THRU REC SD to BFY BJO (DLW);**  
 13 **[Open Cross hover]** Fwd L toward DLW, sd R, rec L trning to fc DLC *shaping towards woman*  
 (W fwd R toward DLC, sd L, rec R turning to face DLW *shaping towards man*) ;

## Part A cont'd

- 14 **[Open Cross hover to chg sides to fc ]** Fwd R toward DLC *passing bnd W to chg sides*, sd L, rec R trng to fc DLW *shaping towards woman* (W fwd L toward DLW *passing in front of man to chg sides*, sd R, rec L trng to fc DLC *shaping towards man*) ;
- 15 **[Twirl Vine 3]** sd L *joining lead hnds*, XRib, sd L (W sd & fwd R trng RF under jnd lead hnds, sd & bl L trng RF, sd R to fc ptr) ;
- 16 **[Check thru, Rec Sd to BFY/BJO]** Thru R chkg, rec L, sd R to BFY/BJO DLW ;

**17-18 SLOW OUTSD SWIVEL; SLOW SD LK ( CP/LOD);**

- 1 -- 17 **[Slow outside swivel ]** BFY/BJO bk L lead ptr swvl rf SCP / LOD, \_\_, \_\_ (W BFY/BJO fwd R outsd ptr swvl rf SCP / LOD, \_\_, \_\_) ;
- 18 **[ Slow Side Lock CP/LOD]** Thru R , fwd L trng upper body LF (W tng LF sd & bk R to CP), trn LF lk RIBL (W lk LIFR) to CP/LOD ;

## PART B

**1-4 FWD WLTZ; MANUV ; CLOSED IMPETUS; BOX FINISH;**

- 1 **[Fwd Waltz ]** Fwd L, fwd & slightly sd R, cl L;
- 2 **[Manuever]** Fwd R between W's feet comm RF upper body trn, cont RF trn fwd & sd L, cl R to CP/RL0D ;
- 3 **[Closed Impetus]** Bk L LOD comm RF trn, cl R to L heel trn, sd & bk L ( W fwd R comm RF trn, fwd & sd L cont RF trn, fwd R between M's feet) to CP DLW ;
- 4 **[Box Finish]** Bk R comm LF trn, sd & fwd L cont LF trn, cl R to L to CP DLC ;

**5-8 CHK REV & SLIP; NAT HOVER CROSS & SYNCOP the ENDING;; CURVING 3**

- 5 **[Checked Reverse & Slip]** Fwd L comm LF turn rising, swinging R side step sd & fwd R (W cl L to R small heel turn rising to toes) checking LF rotation rising straight over R, comm RF turn slip L bk small step trng to CP/DW;
- 6 **[ start a Natural Hover Cross]** Fwd R trng RF, sd L continue RF trn, sd & fwd R (W bk L, cl R heel trn, sd & bk L) to SCAR LOD;
- 12&3 7 **[& Syncopate the ending]** Fwd L checking, rec R/ sd & fwd L to BJO, fwd R (W bk R, rec L/ sd & bk R, bkL) to BJO DC ;
- 8 **[Curving 3]** fwd L, trng LF fwd R, check fwd L to CP DRC ;

**9-12 BK & CHASSE BJO; MANUV; SPIN & TWIST;;**

- 12&3 9 **[Bk & Chasse to BJO]** Crossing line of progression and in front of W step bk R commence slight lf turn, sd L/cl R, sd L blind BJO/ DLW;
- 10 **[Manuever]** Fwd R commence rf upper body turn , sd & trn RF fwd L, cl R CP/RL0D; ;
- 11 **[Spin & Twist]** Bk L pivot ½ RF, fwd R LOD cont RF trn, fwd & sd well around W (heel turn) to CP DRW;
- 23 12 XRIB of L to fc RLOD/twist turn to R mainly on the balls of feet, to end w/weight on R in W(&123) CBJO/DLW, sd & fwd L (W fwd L LOD/fwd R, L around M brush R to L to CBJO DLW, sd & bk R) to CBJO DLW ;

**13-16 BK TO SLOW HINGE; ; LADY HOVER ACROSS TO SCP; PK-UP DBLE LOCK;**

- 1 2 - 13 **[Bk to Slow Hinge ]** BK R trng LF, sd & fwd L rotate LF, - (Thru L trn LF, sd & fwd R to CP, swivel LF on R) ;
- M--- W(1- )14 Lower into L knee , extending the line,-, (XLIB of R lower leave R ft ptnd twds LOD with head now well to the L and extend the line) ;
- 2 3 15 **[Lady Hover across to SCP ]** Rotate upper body RF to lead W to take sd stp , rec R with W(123) rise, sd & fwd L (Trng RF recover R, continue RF across fwd &sd L with rise, recover sd & fwd R to SCP) to SCP/ LOD;
- 12&3& 16 **[ Pk-up with Double lock]** Fwd R comm trng upper body LF, fwd &sd L cont to rotate LF to BJO DLC/ lk RIB of L, fwd &sd L / lk RIB of L ;

**Part B cont'd**

- 17-20**            **DBL REV TWICE DLW :: HOVER TELEMAR; SLOW SD LOCK to DLC;**  
 12-            17            **[Double Reverse to CP/LOD** Fwd L comm LF trn, sd R cont turn, spin LF on ball of R end  
 W(123&)            fcg LOD (Bk R comm LF trn, close L to R [heel turn],sd & bk R cont LF trn / XLIF of R) ;  
 12-            18            **[ Double Reverse to CP/DLW ]** Fwd L comm LF trn, sd R cont turn, spin LF on ball of R end  
 W(123&)            fcg DLW (Bk R comm LF trn, close L to R [heel turn] sd & bk R cont LF trn / XLIF of R) ;  
                   19            **[Hover Telemark ]** Fwd L, fwd & sd R trn RF, fwd & sd L to semi DLW;  
                   20            **[ Slow Side Lock CP/DLC] Repeat Meas 18 Part A to CP/DLC**

**REPEAT PART A (1-8)****REPEAT PART B (5-15)****REPEAT PART A (11-15)****ENDING**

- 1**            **CHAIR & EXTEND;**  
 1--            1            **[CHAIR & EXTEND]** Thru R relax R knee /w chair action , release lead hands and raise lead  
                   arms slowly looking up and away, ;